

1. Convert the angle $\frac{16\pi}{3}$ radians to degrees.

3. Find the value of each expression if $\sin \theta = \frac{4}{5}$, $\theta \in \left[0, \frac{\pi}{2}\right)$.

4. Find the value of each expression is $\tan \theta = \frac{2}{7}$, $\theta \in \left[\pi, \frac{3\pi}{2}\right)$.

- $\cos \theta$
- $\csc \theta$
- $\sec (\theta - 19\pi)$
- $\sin (-\theta)$